



SCARCE ITEMS DURING CRISIS

By John Paul Jackson

❖ REAL ENERGY

- **Electricity**
 - ◆ Batteries Of All Sizes
 - ◆ Fuel Powered Generators
 - ◆ Solar
 - ◆ Wind Turbine
- **Fire**
 - ◆ Matches and Lighters
 - ◆ Propane, Butane, Gas and Diesel
 - ◆ Charcoal and Firewood
 - ◆ Lantern Wicks and Oil
 - ◆ Lamp Wicks and Oil
 - ◆ Ammo Primers and Powder

❖ REAL FOOD

- **Storable**
 - ◆ Water (Single Most Important Item)
 - ◆ Canned Meats, Vegetables, Fruits and Soups
 - ◆ Dried Meats, Vegetables and Fruits

- ◆ Condensed Milk
- ◆ Dehydrated Milk
- ◆ Cheese
- ◆ Seasoning Herbs
- ◆ Flour
- ◆ Nuts
- ◆ Grains (Oatmeal, Brown Rice, Wheat, Corn)
- ◆ Pasta
- ◆ Peanut Butter
- ◆ Pop Corn
- ◆ Potatoes
- ◆ Beans
- ◆ Sugar, Honey, Syrups
- ◆ Salt, Pepper, Garlic
- ◆ Vegetable Oil
- ◆ Vinegar
- ◆ Yeast
- **Renewable**
 - ◆ Rain Water (Can Be Treated)
 - ◆ Non Genetically Modified Seeds (Gardening)
 - ◆ Chickens and Other Poultry (Eggs and Meat)
 - ◆ Cows and Goats (Milk and Meat)
 - ◆ Rabbits (Meat)

❖ REAL MONEY

- **Currencies** (Doesn't have to be your own)
- **Precious Metals**
 - ◆ Gold
 - ◆ Silver
 - ◆ Platinum
 - ◆ Copper
- **Precious Stones**
 - ◆ Diamond
 - ◆ Ruby

❖ REAL NEEDS

- **Clothing**
 - ◆ Socks
 - ◆ Underwear
 - ◆ Shirts
 - ◆ Pants
 - ◆ Rain Gear
 - ◆ Work Wear
 - ◆ Gloves
 - ◆ Hats
 - ◆ Neckerchiefs
 - ◆ Boots

- **Sleeping**

- ◆ Sleeping Bags
- ◆ Blankets
- ◆ Pillows
- ◆ Mats
- ◆ Cots
- ◆ Inflatable Mattresses

- **Hygiene**

- ◆ Shampoo
- ◆ Soap
- ◆ Shaving
- ◆ Toothbrushes
- ◆ Toothpaste
- ◆ Floss
- ◆ Toilet Paper
- ◆ Feminine Products
- ◆ Baby Products (i.e. Diapers, Wipes, Ointments)
- ◆ Paper Towels
- ◆ Bleach
- ◆ Hand Sanitizer
- ◆ Laundry Detergent

- **Cooking**

- ◆ Camp Stove
- ◆ Charcoal Grill
- ◆ Cast Iron Cookware
- ◆ Cooking Utensils
- ◆ Eating Dishes

- ◆ Eating Utensils
- ◆ Hand Can Openers
- **Medical**
 - ◆ Disinfectants
 - ◆ Antiseptics
 - ◆ Fever Reducers
 - ◆ Pain Relievers
 - ◆ Antihistamines
 - ◆ Diuretics
 - ◆ Laxatives
 - ◆ Sterile Gloves
 - ◆ Sterile Masks
 - ◆ Sterile Bandages
 - ◆ Super Glue
 - ◆ Duct Tape
- **Gardening**
 - ◆ Shovels
 - ◆ Rakes
 - ◆ Hoes
 - ◆ Wheelbarrows
 - ◆ Water Distribution (i.e. Hose, Bucket, Watering Can)
- **Repairing and Prepping Tools**
 - ◆ Ax
 - ◆ Wedges (For Splitting Wood)
 - ◆ Saws
 - ◆ Pump Repair Kit
 - ◆ Duct Tape

- ◆ Knife Sharpening Tools
- ◆ Scissors
- ◆ Sewing Supplies
- **Other Suggested Items**
 - ◆ Bicycles
 - ◆ Hand Pumps (One For Water, One For Fuel)
 - ◆ Crank Radios
 - ◆ Disposable Camera
 - ◆ Insulated Ice Chests
 - ◆ Guns and Ammunition (Self Defense and Hunting)
 - ◆ Ammo Reloading Station
 - ◆ Food Grade Water Containers
 - ◆ Gasoline Storage Containers
 - ◆ Water Filters/Purifiers/Tablets
 - ◆ Wagons/Carts
 - ◆ Tent
 - ◆ Waterproof Tarp
 - ◆ Strong Rope
 - ◆ Pocket Knife
 - ◆ Skinning Knife
 - ◆ Fillet Knife
 - ◆ Fishing Gear
 - ◆ Large Dogs (Companions and Alarm System)
 - ◆ Backpacks/Duffle Bags
 - ◆ Flashlights, Lanterns, Candles, Oil Lamps