SCARCE ITEMS DURING CRISIS

By John Paul Jackson

❖ REAL ENERGY

▪ Electricity
  ◆ Batteries Of All Sizes
  ◆ Fuel Powered Generators
  ◆ Solar
  ◆ Wind Turbine

▪ Fire
  ◆ Matches and Lighters
  ◆ Propane, Butane, Gas and Diesel
  ◆ Charcoal and Firewood
  ◆ Lantern Wicks and Oil
  ◆ Lamp Wicks and Oil
  ◆ Ammo Primers and Powder

❖ REAL FOOD

▪ Storable
  ◆ Water (Single Most Important Item)
  ◆ Canned Meats, Vegetables, Fruits and Soups
  ◆ Dried Meats, Vegetables and Fruits
♦ Condensed Milk
♦ Dehydrated Milk
♦ Cheese
♦ Seasoning Herbs
♦ Flour
♦ Nuts
♦ Grains (Oatmeal, Brown Rice, Wheat, Corn)
♦ Pasta
♦ Peanut Butter
♦ Pop Corn
♦ Potatoes
♦ Beans
♦ Sugar, Honey, Syrups
♦ Salt, Pepper, Garlic
♦ Vegetable Oil
♦ Vinegar
♦ Yeast

♦ Renewable
  ♦ Rain Water (Can Be Treated)
  ♦ Non Genetically Modified Seeds (Gardening)
  ♦ Chickens and Other Poultry (Eggs and Meat)
  ♦ Cows and Goats (Milk and Meat)
  ♦ Rabbits (Meat)
REAL MONEY

- Currencies (Doesn’t have to be your own)
  - Precious Metals
    - Gold
    - Silver
    - Platinum
    - Copper
  - Precious Stones
    - Diamond
    - Ruby

REAL NEEDS

- Clothing
  - Socks
  - Underwear
  - Shirts
  - Pants
  - Rain Gear
  - Work Wear
  - Gloves
  - Hats
  - Neckerchiefs
  - Boots
- Sleeping
  - Sleeping Bags
  - Blankets
  - Pillows
  - Mats
  - Cots
  - Inflatable Mattresses

- Hygiene
  - Shampoo
  - Soap
  - Shaving
  - Toothbrushes
  - Toothpaste
  - Floss
  - Toilet Paper
  - Feminine Products
  - Baby Products (i.e. Diapers, Wipes, Ointments)
  - Paper Towels
  - Bleach
  - Hand Sanitizer
  - Laundry Detergent

- Cooking
  - Camp Stove
  - Charcoal Grill
  - Cast Iron Cookware
  - Cooking Utensils
  - Eating Dishes
♦ Eating Utensils
♦ Hand Can Openers

- **Medical**
  ♦ Disinfectants
  ♦ Antiseptics
  ♦ Fever Reducers
  ♦ Pain Relievers
  ♦ Antihistamines
  ♦ Diuretics
  ♦ Laxatives
  ♦ Sterile Gloves
  ♦ Sterile Masks
  ♦ Sterile Bandages
  ♦ Super Glue
  ♦ Duct Tape

- **Gardening**
  ♦ Shovels
  ♦ Rakes
  ♦ Hoes
  ♦ Wheelbarrows
  ♦ Water Distribution (i.e. Hose, Bucket, Watering Can)

- **Repairing and Prepping Tools**
  ♦ Ax
  ♦ Wedges (For Splitting Wood)
  ♦ Saws
  ♦ Pump Repair Kit
  ♦ Duct Tape
knife sharpening tools
- scissors
- sewing supplies

**Other Suggested Items**

- bicycles
- hand pumps (one for water, one for fuel)
- crank radios
- disposable camera
- insulated ice chests
- guns and ammunition (self defense and hunting)
- ammo reloading station
- food grade water containers
- gasoline storage containers
- water filters/purifiers/tablets
- wagons/carts
- tent
- waterproof tarp
- strong rope
- pocket knife
- skinning knife
- fillet knife
- fishing gear
- large dogs (companions and alarm system)
- backpacks/duffle bags
- flashlights, lanterns, candles, oil lamps